



# The GSF National Conference

London Friday Sept 28<sup>th</sup> 2018

# Introduction and Welcome from the National GSF Team



## Celebrating Quality Care in the Golden Years

**Prof Keri Thomas OBE**

Paul Jennings, Julie Armstrong Wilson, Sue Richards, Hilary Lawson, Kelly Thomson, Sandra Allen, Mark Thomas, Rosaleen Bawn, Becca Riley, Sarah Noakes, Christine Lambros, Ann Marie Lawrence, Shanti Shahima, Tom Tanner, Chris+ Alysha Smith

# Celebrating best practice

**96 teams receiving Awards today**



# GSF Accredited teams are Frontrunners leading the way in end of life care

- **Care Homes**

- 716 accredited
- 252 reaccredited x1,2,3,4

- **Primary Care**

- 25 accredited
- 4 reaccredited

- **Community Hospitals**

- 30 accredited wards
- 2 reaccredited wards

- **Acute Hospital**

- 12 accredited wards
- 3 reaccredited wards

- **Hospices**

- 3 accredited



**Prison** – 1 accredited  
**Domiciliary care agencies** certificated



# Outline of the day

Introduction and Welcome

Keynote Speakers – Questions and Panel

*Tea/coffee*

Update on GSF + interviews

Awards- GP practices and hospitals



*Lunch*

Awards- Care Homes + Care Home of The Year



Workshop 1 - choice of 2

*Tea/coffee*

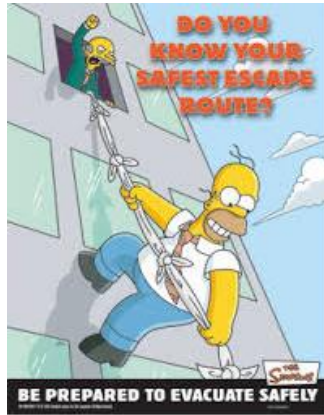
Workshop 2

Final words and close

*4.30 Reception for award winners + photos*

# Housekeeping

FIRE



TOILETS



Phone



FOOD



# Welcome from Chair

**Paul Jennings**

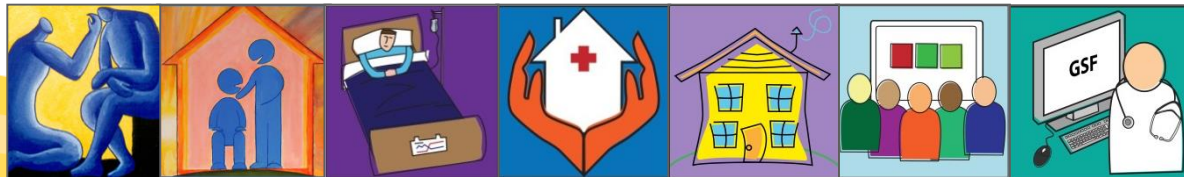
Chair The GSF Centre CIC Board  
CEO Birmingham CCG

# Celebrating Quality Care in the Golden Years



## GSF Overview , Update and Interviews

Prof Keri Thomas OBE



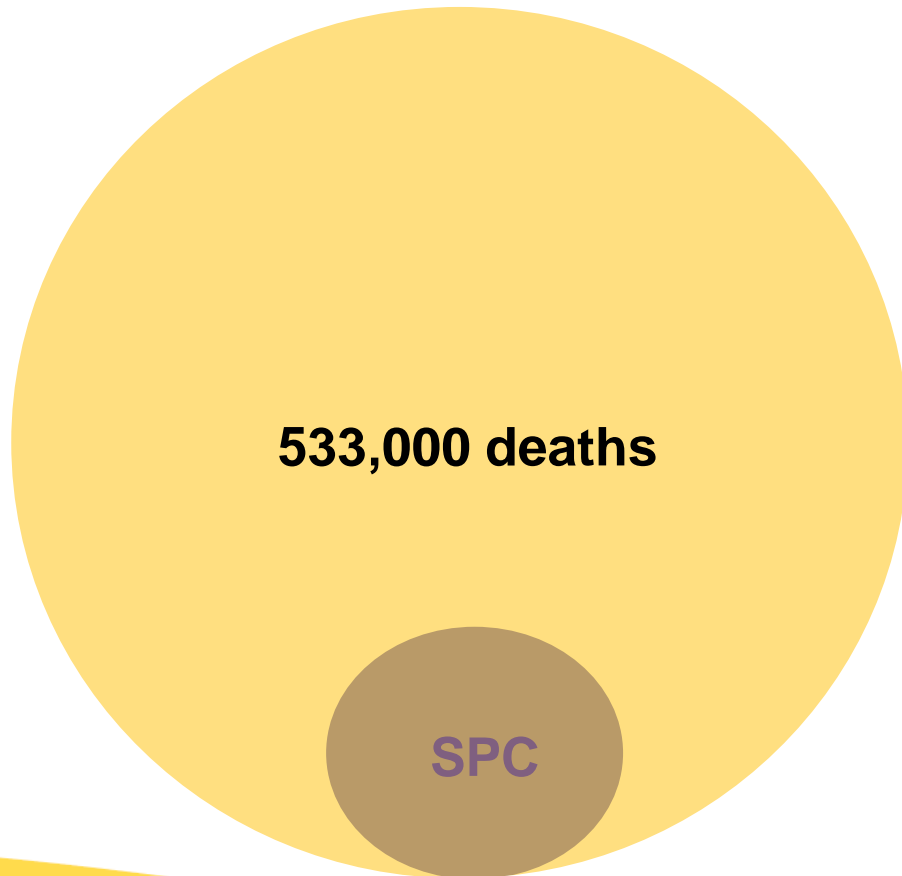


# What's different about GSF?



- **Big picture** -Population- based
- **Everyone's involved**- enabling all
- **Life and death** - living well before you die

# 1. Big picture- Whole population care



**Our aim is to enable gold standard care for**

- All people
- With any condition
- In any setting
- Given by any care provider
- At any time in their last phase/ years of life
  
- Working with hospices and specialists in palliative care
  
- 1% population,
- 30% hospital patients,
- 80% care homes residents

# Hospital Example- the need to support general frontline staff care for 88% of the patients in their last year of life

Typical Hospital Trust new EOL and SPC inpatients 2016/2017

48,000 hospital admissions / year , so **16,000 patients in last year of life** (using Clarke 30% criteria)

Of these, 14,700 patients cared by generalist frontline staff ie **88% patients in final year of life**

EOL 16,000

**GSF – enabling all generalist frontline staff play their part to support all hospital patients in their final year of life**

Spec Pall Care Team see 1300 pts

1300 referred to Spec Pall Care team ie **12 % of these patients**

# Big Picture **Population-based** approach

**Population** - referred

**Setting** - hospice+ home

**Condition** - Cancer

**Stage** - Final days

**Providers** - Specialists



**Population** in an area  
Prevalence of **1%, 30%, 80%**

**Settings** - home, care homes  
hospital, other

**Conditions** - cancer/frailty/dementia

**Final** years of life

**Generalists/**  
everyone involved

Current understanding



New understanding

# 2. Everyone's involved

– enabling generalist frontline teams

**“End of Life care  
is everybody's  
business”**

Sir Bruce Keogh  
CMO NHSE



# National Spread

developing a national momentum of best practice



## 1. Spread

- Quality Improvement training
- 12 programmes - all settings,

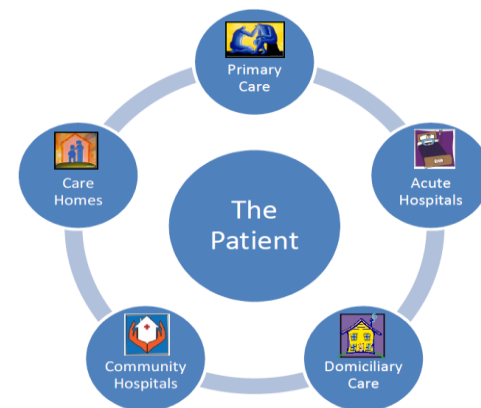
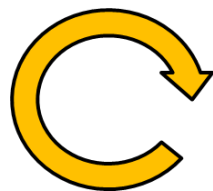
- Primary Care
- Care Homes
- Hospitals
- Domiciliary Care
- Hospices
- Prisons
- Retirement Villages etc



## 2. Depth 7 accreditation awards



## 3. Joined-up



Transformational



MAGIC



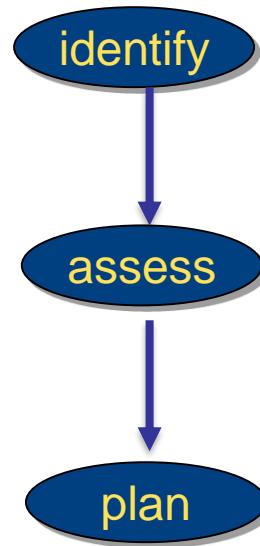
‘Gold Patients’

the gold standards framework in acute hospitals	
Name:	<input type="text"/>
NHS number:	<input type="text"/>
GP:	<input type="text"/>

# Enabling everyone

...

- **Early identification**
  - of patients/people/residents
- **Person-centred-**
  - More offered advance care planning (ACP) discussions
- **Living well , dying well**
- **Across whole journey**
  - early-to late
- **Across whole community**
  - -integrated care
- **Enabling all generalists**
  - All staff



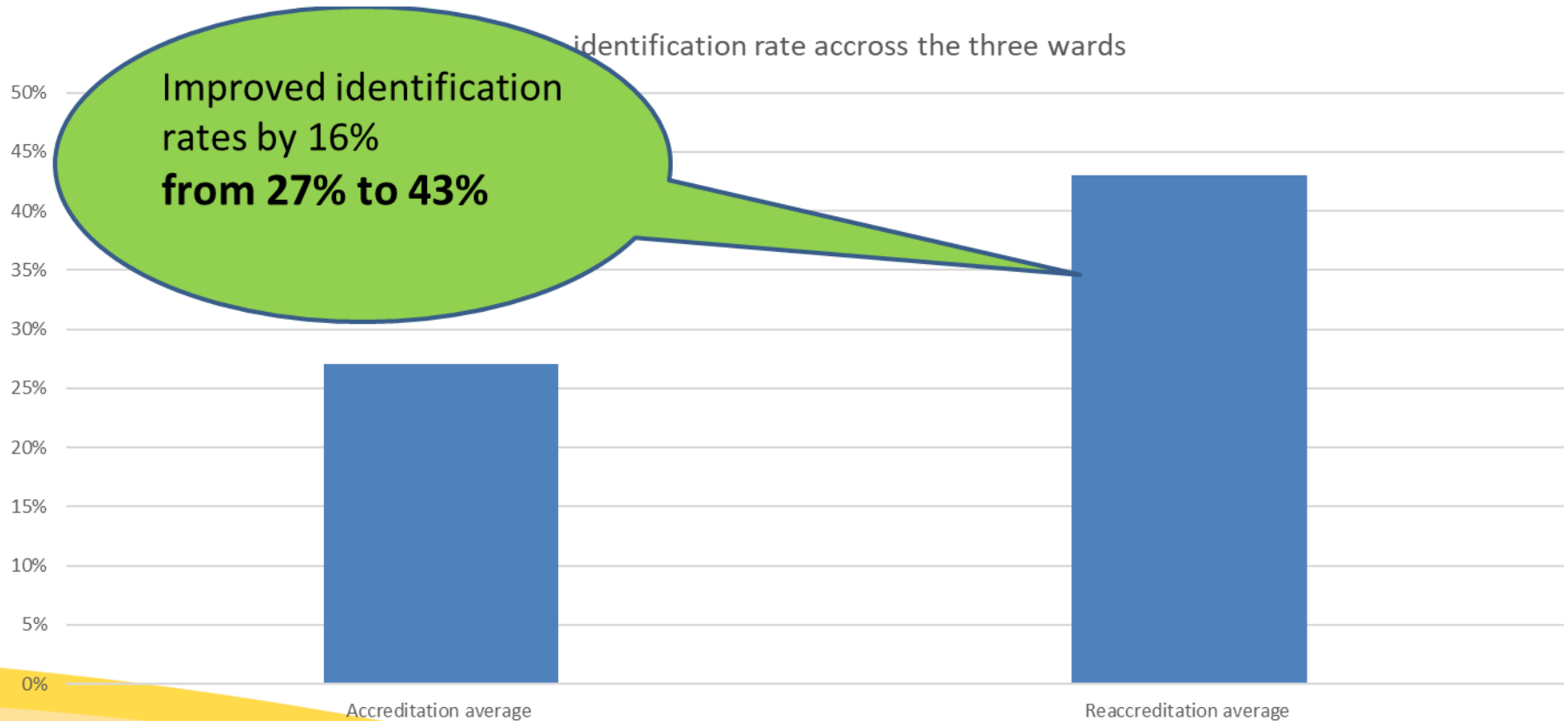
GSF can help with putting policy into practice

- NICE Guidance Standards
- NHSE Ambitions in EOLC
- NHS EOLC Strategy
- GMC Guidance
- Guidance from BGS, and royal colleges RCS, RCP RCGP, RCN etc
- **Evidence for CQC Standards**



# Identify early - Royal Devon and Exeter Hospital

## -3 wards reaccredited after 3 years

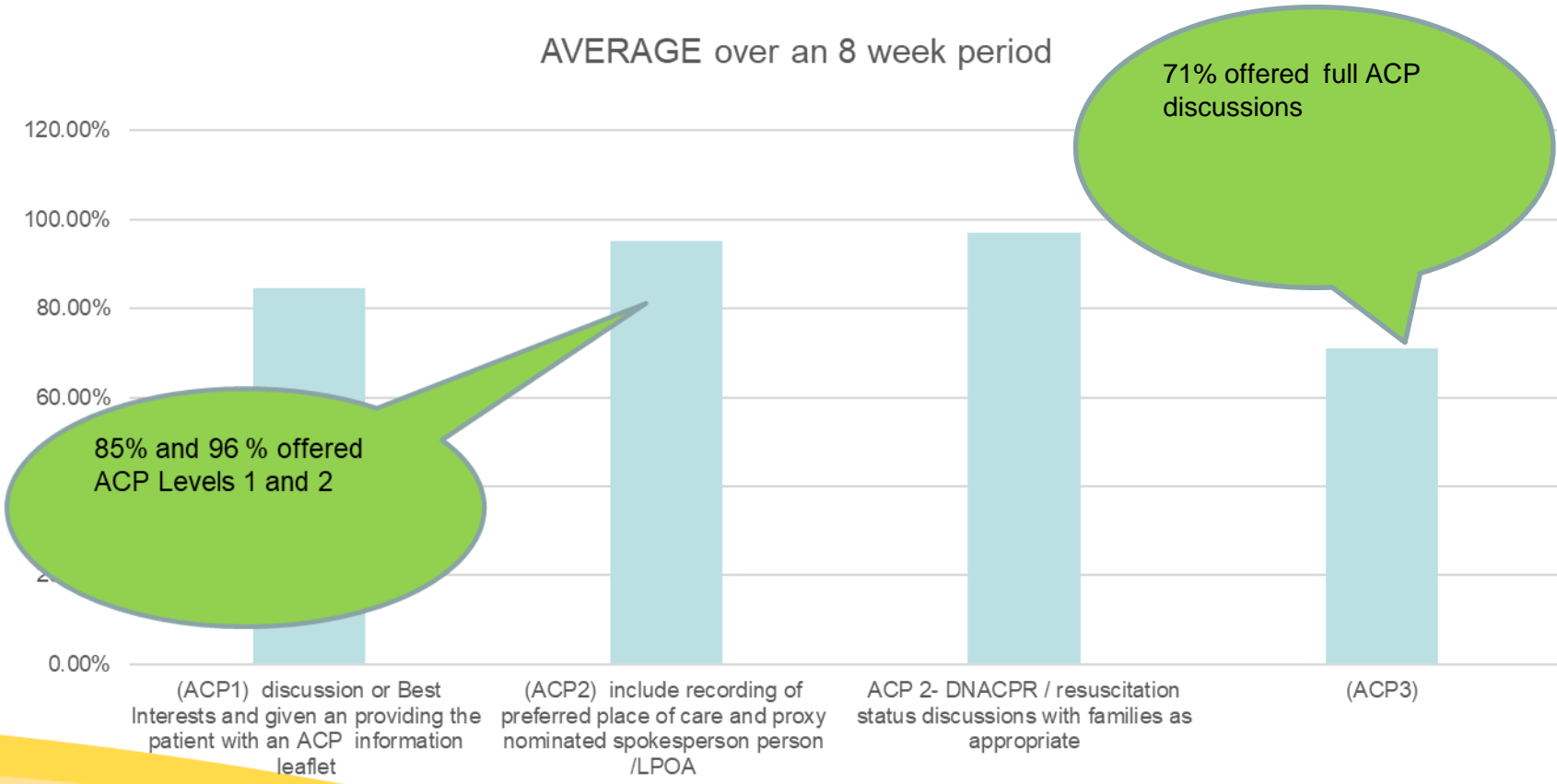




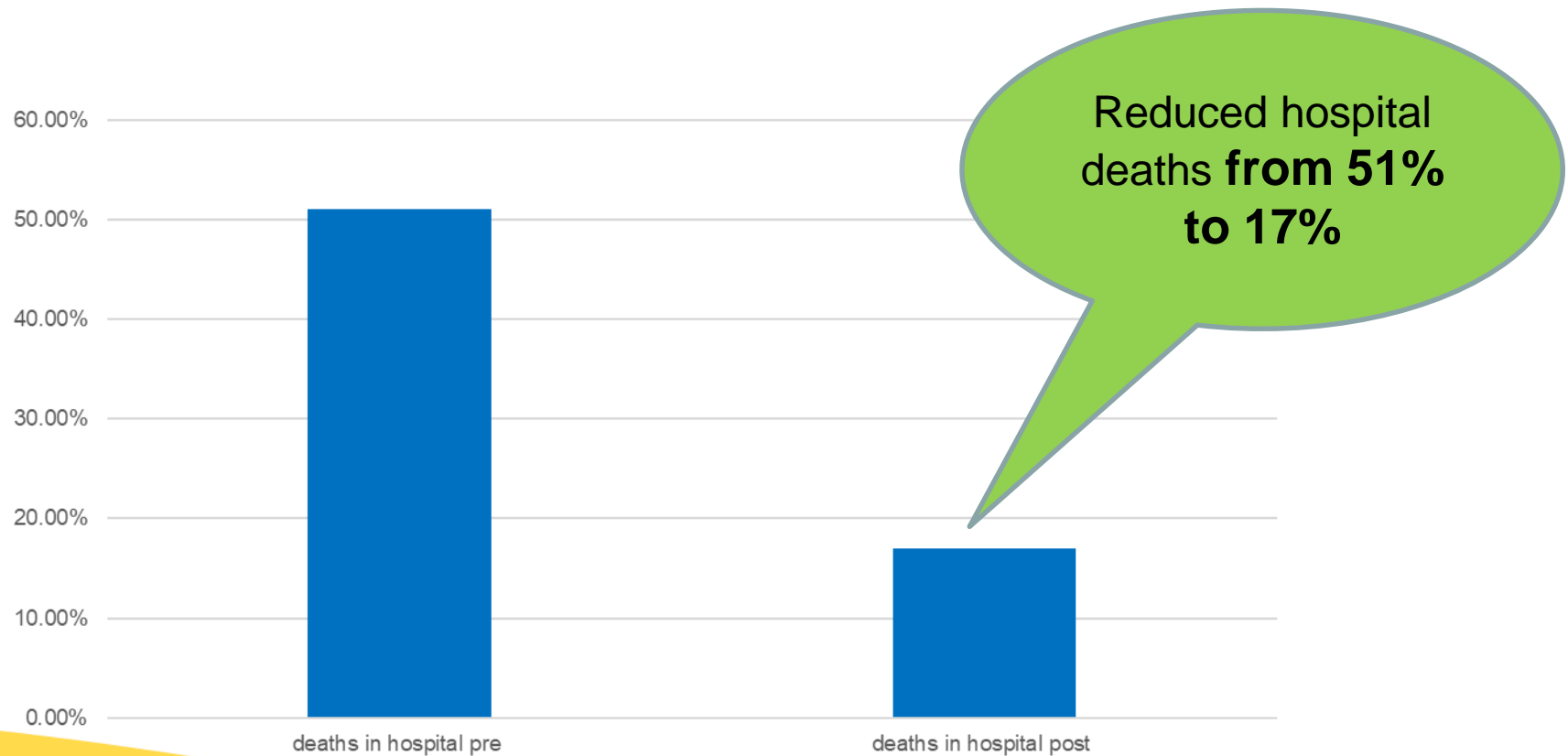
# Assess Advance Care Planning discussions

## 6 Community hospitals accredited today

AVERAGE over an 8 week period



# Plan- Reducing hospital death rates after GSF eg Wareham Surgery , Dorset



# This may look easy..?? Its not!

- It takes many years of work
- Looks simple but harder to do in practice
- Consistency of including all people, all the time
- Gradually changing culture
- But it is possible!
- But you have to make a start



# GSF Frontrunners



## Frontrunners in Care Homes



Showcasing examples of best practice in end of life care with findings from GSF Accredited Care Homes, demonstrating earlier identification, more clarifying wishes and more dying where they choose.

These leading front-running GSF Accredited Care Homes are examples of the best that care can be for people in their last years of life. These practical examples from front-running teams demonstrate what can be achieved ...if they can do it, you can too!

The needs of older people are at the forefront of NHS and social care transformation. Care Homes have become one of the mainstays of end of life care (EOLC) outside hospitals and are key providers of person-centred care for a large proportion of people nearing the end of their lives, particularly the very elderly and those with severe frailty and dementia. With about a fifth of all deaths in care homes and over half dying in hospitals, about 80% of Care Homes residents are considered to be frail. Hospital admissions (estimated 50% of hospital deaths from care homes residents, NAO Report) are high. People are more likely to live and die where they choose with better trained staff and community support. This demonstrates what is possible to achieve. They are grass-roots examples of how some care homes provide person-centred care for all of their residents. This has an impact on the quality of life for people in their final years, reducing time spent in hospitals and enabling more to die where they choose. The practice ensures systematic proactive end of life care, improving patient experiences, coordination and communication, and better outcomes of care, cost-effectiveness and good outcomes. GSF empowers Care Home staff to work better and social care professionals. It is about putting national policy into practice at grass roots.

- Key achievements of these care homes include 5 key areas:
- 1. Proactive identification of residents at risk of dying
  - 2. Person-centred care
  - 3. Place of death - reduced hospital deaths, hospital bed days, out-of-hours crises
  - 4. Reducing hospital admissions
  - 5. Quality of care - improved patient experiences, coordination and communication, and better outcomes



- Key achievements e.g.
- Over 95% residents' deaths in the home
  - 100% of residents who died had anticipatory prescribed symptom control medication



## Frontrunners in Primary care



Showcasing examples of best practice in end of life care with findings from recent GSF Accredited GP Practices, demonstrating earlier identification of more patients, more clarifying wishes and more dying where they choose

These leading GSF Accredited practices, are examples of the best that practices can be in caring for people in their last years of life. These leading GSF Accredited practices, are examples of the best that practices can be in caring for people in their last years of life. Front-runners demonstrate what is currently being achieved by some primary care teams in their care for patients in their last years of life, to their completion of the GSF Going for Gold Programme and GSF Accreditation, co-badged by RCGP. They are an encouragement and inspiration to others in giving the very best end of life care to their patients - if they can do it, then you can too!

These are grass-roots practical examples of how some practices provide top quality, proactive, person-centred care for their whole population of patients, including those with frailty, dementia and non-cancer conditions. This has an impact on the quality of life for patients and their families in their final years of life, reducing time spent in hospitals and enabling more to die where they choose. The practices' palliative care registers do not accurately reflect their wider populations (the estimated 1% of their population in the last year of life), and they attain standards in line with national policy, NHSE Ambitions, GMC, NICE Guidance and CQC Primary Care Standards. Key areas include providing:

- 1. Proactive care - early identification of patients at risk of dying
- 2. Person-centred care - more patients offered ACP discussions
- 3. Place of death - more dying in preferred place
- 4. Reducing hospitalisation - reduced hospital deaths
- 5. Providing top quality care - experienced by patients

Building on the Bronze Foundations level GSF mainstreamed through QOF with GSF Accreditation, supported and endorsed by RCGP.

Examples	1. Proactive - Identification rates	2. Person-centred - ACP discussions offered
Average for GSF Accredited practices	Av. 75-90% register identification rates	68% offered ACP discussion

Note - these practices identify more patients earlier, achieving Register of 34% (PHE Fingertips) and then use needs-based coding to prioritise. This is a population x1%, and additionally the number of patients identified.



### Examples of Frontrunning GP Practices

**Abbey View Surgery, Dorset**

Practice name: Abbey View Surgery Dorset  
 GP Lead: Dr Damien Patterson  
 Practice Population: 15,319  
 Accredited 2012 | Re accredited 2016

"The GSF training has helped to move us to a completely different place."



**Key Achievements**

- Register identification rate 54% patients
- 59% offered ACP
- 34% non-cancer and care homes residents

"Before we started GSF training we noticed that many people were being sent to hospital inappropriately and were not experiencing the care they would have liked. The GSF training has helped to move us to a completely different place. Now patients have a genuine choice about where they would like to be cared for. And they are choosing to stay at home, in their care home or in the local hospital unit we run." People are



hospitals  
 care with findings from recent GSF Accredited hospital wards demonstrating earlier identification of more dying where they choose.

These leading GSF Accredited hospital wards are examples of the best practice in caring for people in their last years of life.

# 3. Living well and Dying well



# Life before death

Facing our mortality



The final phase  
of life

Living in the context  
of our dying

The *end* of life  
teaches us about  
the *end* of life

*priorities and perspectives*

On the last  
bus home



# **NEWS ! Updated GSF Care Homes Programme**

## **1. Updated**

- In line with current best practice (Vanguards) including new resources

## **2. Shorter**

- 3 ½ days over 6 months, shorter to accreditation 1357 Summary – just 7 key tasks

## **3. Simpler**

- More focussed with 7 Key Tasks leading to accreditation

## **4. More Affordable**

- Reduced cost reflecting fewer training days enabling greater uptake

## **5. Outcomes focussed**

- Evidence of audits, outcomes, systematic carte useful for CQC

## **6. Digital-ready**

- Helps in getting ready for better IT record sharing to meet 21<sup>st</sup> C needs

## **7. Delivered locally**

- Through GSF Regional Training Centres

# Simpler GSF Summary



**Aim:** To enable a gold standard of care for all people in the last years of life, supporting them to live well until they die.



**1. IDENTIFY**  
*Proactive*

**2. ASSESS**  
*Person Centred*

**3. PLAN**  
*Systematic*



**1. Right Person**

**2. Right Care**

**3. Right Place**

**4. Right Time**

**5. Every Time**



**1. Identify Residents Early**

**2. Offer ACP Discussions**

**3. Plan Living Well**

**4. Plan Care of the Dying**

**5. Support Families and Carers**

**6. With Compassion**

**7. With a Systematic approach**



# Shorter GSF CH Programme Plan

## Day 1

1. Introduction and Preparation

## Day 2

2. Identify

3. Assess

## Day 3

4. Living well

5. Dying well

## Day 4

5. Family / carers  
6. Compassionate care

7. Systematic Next Steps

Pre Accrued webinar

### Homework

Preparaton 3 tasks

1. Get ready
2. Tell others
3. Measure-

ADA KOR HA audit

### Homework

1. Code residents
2. Needs Support Checklists
3. ACP for all

### Homework

1. Clin Assessment tool
2. Admissions tracker in
3. SEA Care in final days

### Homework

1. Dignity enhancing care
2. List of staff trained
3. KOR

# Team work

- Chris Elgar
  - Thankyou!



- Ginny Allen
  - New GSF Social Care/ Care Homes



- Sarah Noakes
  - revising Domiciliary Care programme





# GSF Care Homes Training and Accreditation



*“the biggest, most comprehensive end of life care training programme in the UK”*

## Training

- Over 31500 trained

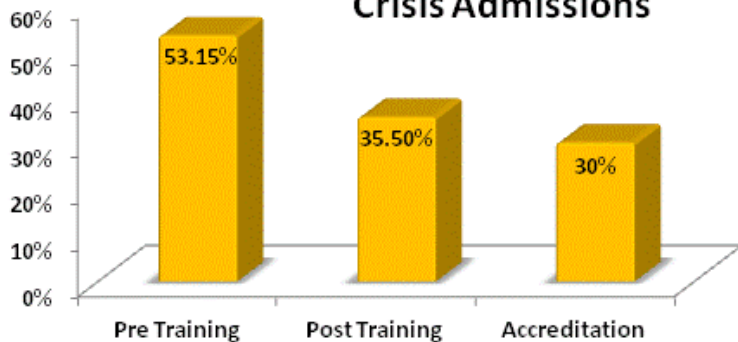
## Accreditation

About 700 accredited

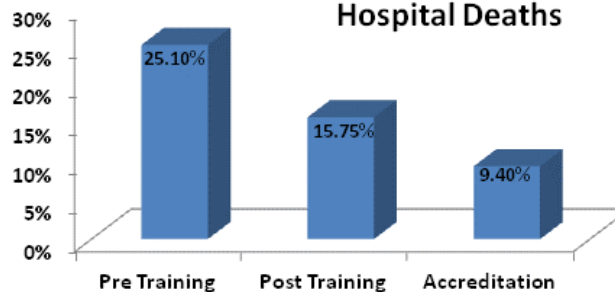
**Many homes now 1/2/3/4<sup>th</sup>  
time accredited**



### Crisis Admissions



### Hospital Deaths



# 4<sup>th</sup> time GSF accredited care homes 12 years on

*"We have stopped thinking about GSF as an accreditation and an addition to what we do. It is simply a way in which we deliver day to day care. It is the very principle of our care model"* **Simon Pedzisi**

*"We have gained the prestige for getting our end of life care recognised and that has given us good PR and marketing within the CCGs and local communities. There is also no doubt it has contributed to the outstanding rating we received from the Care Quality Commission."*  
**George Hill, Cornmill Nursing Home, Lancashire,**

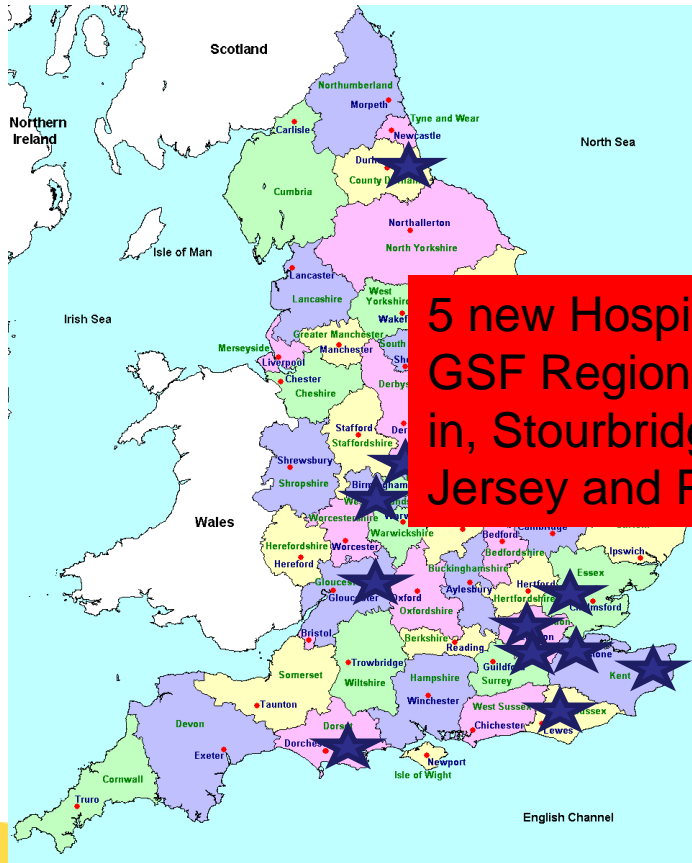


# GSF Regional Training Centres

**First one-** St Christopher's , London

**Current 13 GSF Regional Centres**

- Saint Francis, Hospice Romford
- St Richard's, Worcester
- Princess Alice Hospice Esher
- Northampton Hospice
- St Benedict's Hospice, Dorset
- St Helena's, Bournemouth
- St Mary's, Birmingham
- Arthur Rank, Cambridge
- St Wilfred's & St Michael's Sussex
- St Benedict's Hospice, Sunderland
- St Helena's Colchester
- Cynthia Spencer Northamptonshire





# GSF Acute Hospitals



## GSF Acute Hospital

- Over 47 hospitals + 277 wards trained
- 15 accredited/ re-accredited wards co-badged with BGS



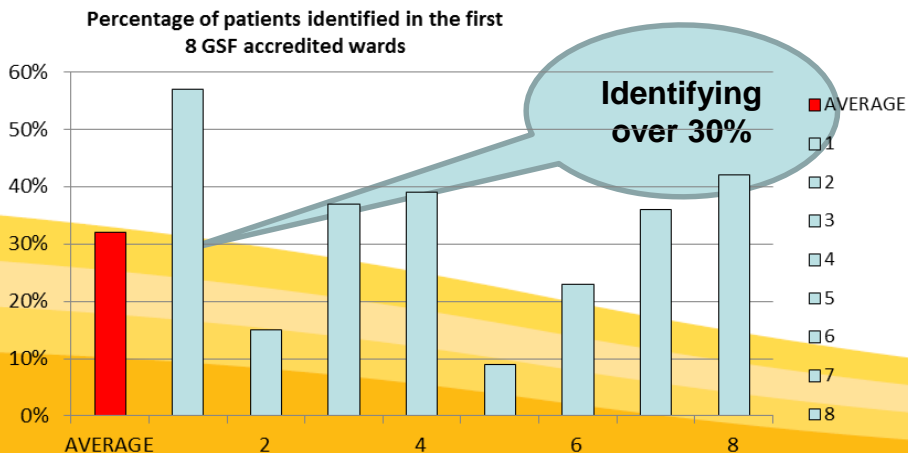
GSF Training and accreditation supported and co-badged by British Geriatric Society  
 An the only CQC Hospitals Information Source in EOLC

### Whole hospitals

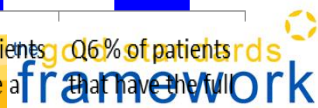
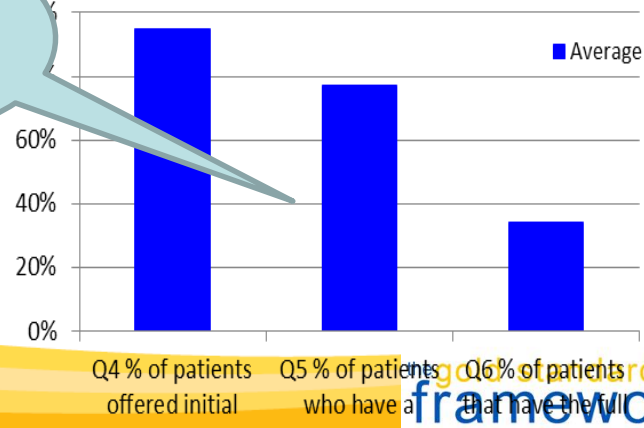
- Airedale
  - Southport
  - Morecambe Bay
  - Royal Devon and Exeter
  - Clatterbridge
  - Wolverhampton
  - Barking Havering Redbridge
- Chelsea and Westminster
  - Doncaster
  - Pinderfields
  - Milton Keynes
  - Cromwell
  - Dudley



Proportion offered advance care planning in the first 8 GSF accredited wards

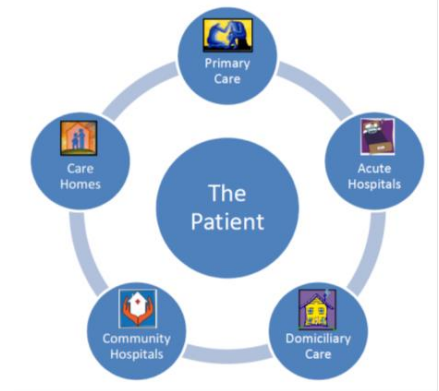



80 % Offered ACP



# GSF Integrated Cross Boundary Care Sites

- Dorset
- Barking, Havering & Redbridge
- Nottinghamshire
- Jersey
- Wolverhampton
- Doncaster
- Morecambe Bay,
- Southport,
- Airedale



  
in acute hospitals

Name:

NHS number:

GP:

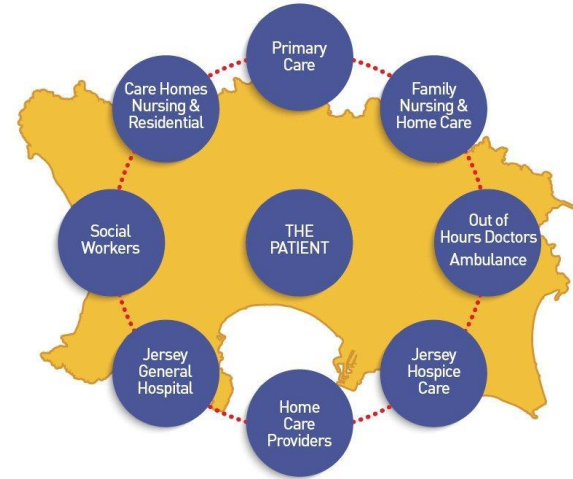
University Hospitals   
of Morecambe Bay  
NHS Foundation Trust

**Remember:**  
Show this card to your GP  
and any healthcare professionals  
who see you in hospital or at home



# GSF Cross Boundary Care Sites Jersey whole island over 3 years

- GP practices
- Care Homes-
- Domiciliary care
- Whole hospital
- Hospice
- Ambulance
- Social workers
- Everyone!



**GSF/ gold patients – in ‘golden years**





# Jersey Evaluation Report

## Some key messages so far ....

- Overall ‘thumbs up’ on improved patient care
- Empowered patients
- Staff more confident
- Earlier planning, more choices
- Better joined-up coordination
- Reducing hospital admissions
- Brought teams together eg in primary care

*“Has helped **significantly reduce the number of people dying in hospital** – 26%. More of a ‘one-system’ support for patients.”*

*“The whole **system has become more robust and accessible**”*

*“**Empowered** patients to feel part of their care”.*

*“.. care **more joined up and communication is better***

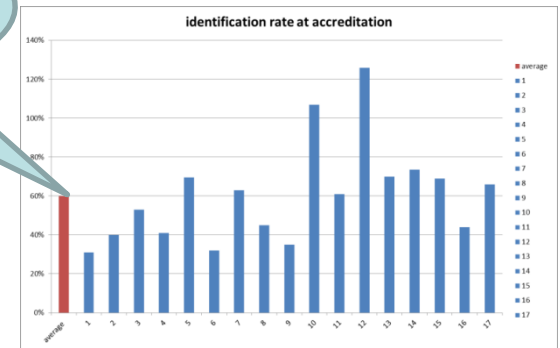
# GSF Primary Care -Accredited Practices

*“GSF has helped to take us to a new place”*

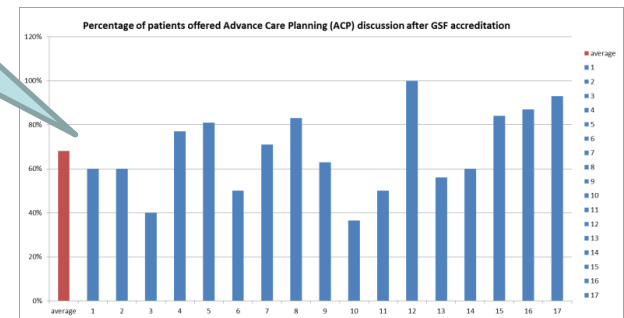
The second time accredited practices have demonstrated GSF is sustainable once embedded in practice.

## The first 17 accredited practices

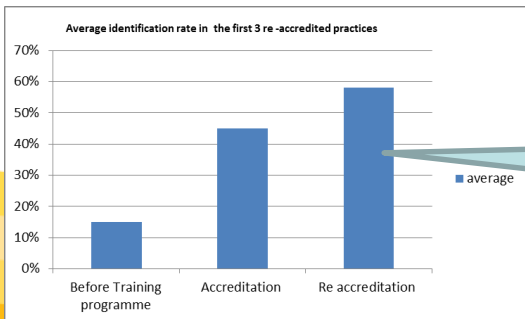
Identification average 60%



ACP offered average 68%



Identification 58%



# Cross Boundary Care EOLC Metrics Pilot

## 5 key areas:-

- Proactive care**- early identification
- Person-centred**- offering all advance care planning discussions
- Place of death**- more dying in preferred place of care /usual place of residence
- Prevent hospitalisation** – reduced hospital deaths, hospital bed days ,
- Provide top quality care** experienced by patients and their families, culture change

Population based End of Life Care Measures for CCGs/STPs vs 15 - Updated 9.5.17



GSF Cross Boundary Care EOLC Metrics Pilot 2016-7

First Level	Objectives	NICE guidance 2013 /other	Ambitions 2015	Outcome measures	Number of people	Proportion - % of deaths	Costs used
1. People are identified early	To proactively identify all people considered to be in the last year of life at an early stage, to be able to give them proactive person-centred care in line with preferences	1 Identified early	2. Each person gets fair access to care (with any diagnosis or setting)	1. Number and percentage of people identified as being in the last year of life (Red, Amber, Green code only)			
2. Person-centred care - advance care plans offered	To offer every identified person the chance to have an advance care planning discussion (known by some as a personalised care plan) with the person of their choice	2 ACP offered	1. Each person is seen as an individual	2. Number and percentage of the identified people who are offered Advance Care Planning (ACP) discussions i. Level 1 – information on ACP and consent for EPA/CCS ii. Level 2 – Preferred Place of Care, Proxy Spokesperson, DNRAR/Resuscitation iii. Level 3 – Full ACP/Advance Statement			
3. Living + dying where choose	To enable every person the opportunity to die in their preferred place/s of choice. State NHS Mandate Choice at the end of life ( Gummer)	Choice NHS Mandate	1. Each person is seen as an individual	3. Preferred place of choice i. Number and percentage of people with Preferred Place of Care/Death recorded ii. Number and percentage of people who died in their recorded preferred place of choice. iii. Number and percentage of people dying in usual place of residence/DIUPR			
4. Hospital deaths	To reduce over-use of hospitals, hospital mortality and increase care at home	5 year forward NHS Mandate	3. Maximising comfort and wellbeing	4. Hospital data i. Number and percentage of deaths that are in hospital of the whole population (eg 50%) ii. Number and percentage of deaths with 3 or more emergency admissions in the final 90 days of life iii. Number and percentage of days people spent in hospital in final 90 days of life			
5. Living well - responsive to needs	To enable people nearing the end of life to both live well and die well, in line with their needs, wishes and preferences.	NHS Mandate	3. Maximising comfort and wellbeing	5. Qualitative feedback assessment of wellbeing and living well - Use of a validated feedback tool measuring experience of care for patients and carers. Please name assessment tool and date of data collection, e.g. monthly, quarterly or annually.			

It is possible -

- Identifying more patients
- offering most ACPs,
- reducing hospital deaths ,
- more dying where choose
- use 5Ps care in final days

Population based End of Life Care Measures pilot - GSF Cross Boundary Care Pilot

		TOTAL FOR YEAR 2016	
4. Hospital data			
i. Number and percentage of deaths that are in hospital of the whole population (eg 50%)		35%	45%
ii. Number and percentage of deaths with 3 or more emergency admissions in the final 90 days of life		N/K	N/K
iii. Number and percentage of days people spent in hospital in final 90 days of life		N/K	N/K
5. Qualitative feedback assessment of wellbeing and living well - Use of a validated feedback tool measuring experience of care for people and carers.		NOT RECORDED	NOT RECORDED
Please name assessment tool and date of data collection, eg, monthly, quarterly, annually.		NOT RECORDED	NOT RECORDED
		1805	0.54%
		194	10.75%
		26217	16.14%
		NOT KNOWN	NOT KNOWN
			Currently pilot

# Attainment of GSF Accredited teams in different settings

	1. Identify	2. Assess	3. Plan Living well	4. Plan Dying well
<b>Aims of GSF accredited organisations</b>	Early recognition of patients- aim 1% primary care 30% hospital 80% care homes	Advance Care Planning discussion offered to every person	Decreased hospitalisation + improved carers support	Dying where they choose using personalised care plan in final days
<b>GP practices (Rounds 1-4)</b>	<b>70%</b> patients identified (range 35-90%)	<b>75%</b> offered ACP discussion (range 40-100%)	<b>Halving</b> hospital deaths,	<b>63%</b> die where they choose using 5P plan
<b>Acute Hospitals</b>	<b>35%</b> identified early (range 20-58%)	<b>92%</b> offered discussion (85-100%)		
<b>Community Hospitals</b>	<b>45%</b> identified	<b>98%</b> offered		
<b>Care Homes accredited</b>	<b>100%</b> identified, <b>81%</b> identified in dying stages	<b>100%</b> offered 95% uptake	<b>Halving</b> hospital deaths+ admissions <b>97%</b> carer support	<b>84%</b> dying where choose, <b>90%</b> using 5Ps care plan

## It is possible -

- Identifying more patients
- offering most ACPs,
- reducing hospital deaths ,
- more dying where choose
- use 5Ps care in final days

# GSF International



GSF well known and some parts used in many countries  
eg PIG research

Our Charity (Andrew Rodger Trust) to improve end of life care in Africa  
eg Abundant Life South Africa



# Interviews draft

1. Resources news
2. Julie Barker Notts
3. Craig Munro – 115 GP practices Bham
4. RCS Katerina
5. XBC site- jersey, Hilary
6. RV Shirley Hall

# New Resources for Purchase



Pin badges



Trolley coins

Printed ACP information leaflet



Post it notes



Board magnets

# Advance Care Planning

Advance Care Planning  
IN 5 SIMPLE STEPS



STEP 1  
THINK

In the future, if I get ill... what will I happen? What can I speak for me?



STEP 2  
TALK



STEP 3  
RECORD



STEP 4  
DISCUSS



STEP 5  
SHARE



REVIEW



## Advance Care Planning in End of Life Care

SECOND EDITION

EDITED BY KERI THOMAS | BEN LOBO | KAREN DETERRING

EDITED BY  
Professors Keri Thomas, Ben Lobo

## Advance Care Planning Master Class

The Gold Standards Framework Centre invite you to a Master Class seminar on Advance Care Planning with Dr Karen Deterring, Prof Keri Thomas and Karen Harrison-Dening

Tuesday 16<sup>th</sup> October 2018 - 1pm-5.30pm (Lunch from 12.30pm)  
CPD points applied for

The seminar is open to doctors, nurses and others interested in learning more about holding advance care planning discussions with people in the last years of life. ACP discussions are recommended as part of UK national policy and form a key part of all GSF Programmes for people in the final years of life, yet many find that this can be hard in practice. This seminar will be an additional support for any teams introducing ACP, implementing GSF in hospitals, GP practices and care homes or focussed on improving EOLC in their setting.

We are delighted that the internationally renowned expert in Advance Care Planning

Dr Karen Deterring will be joining us in this Master Class



Karen is a Respiratory Physician and is the Medical Director of Advance Care Planning Australia, based at Austin Health in Melbourne, a national programme for Advance Care Planning. She has many years of experience supporting the introduction of ACP across Australia and internationally. With Keri Thomas, she was a founder member of ACEPL, the International Society for Advance Care Planning in End of Life Care, and a co-editor with Keri of the newly published 2<sup>nd</sup> edition of the OUP Text Book 'Advance Care Planning in End of Life Care' (available to delegates at a reduced cost). Karen Harrison Dening from Dementia UK is an expert on ACP for people with dementia and was also a chapter contributor.



The seminar will be very interactive and include: Introduction, overview, evidence base and international experience of ACP, use and guidance on ACP in different settings, discussion of common challenges, ACP for people with dementia, experiential skills practice, feedback and open questions, key learning.

For GSF guidance and ACP in 5 Steps see <http://www.goldstandardsframework.org.uk/advance-care-planning>

Date: Tuesday 16<sup>th</sup> October 2018 Time: 1pm - 5.30pm - Lunch provided from 12.30pm  
Venue: Hospice House, 34-44 Britannia Street, London, WC1X 9JG (near Kings Cross Station)  
Cost: £125 Non-GSF delegate rate / £95 GSF Delegate rate - (CPD points applied for)  
Registration: [shanti.shahima@gsfcentre.co.uk](mailto:shanti.shahima@gsfcentre.co.uk) Tel: 0207 7893 740  
Places are limited - please book early



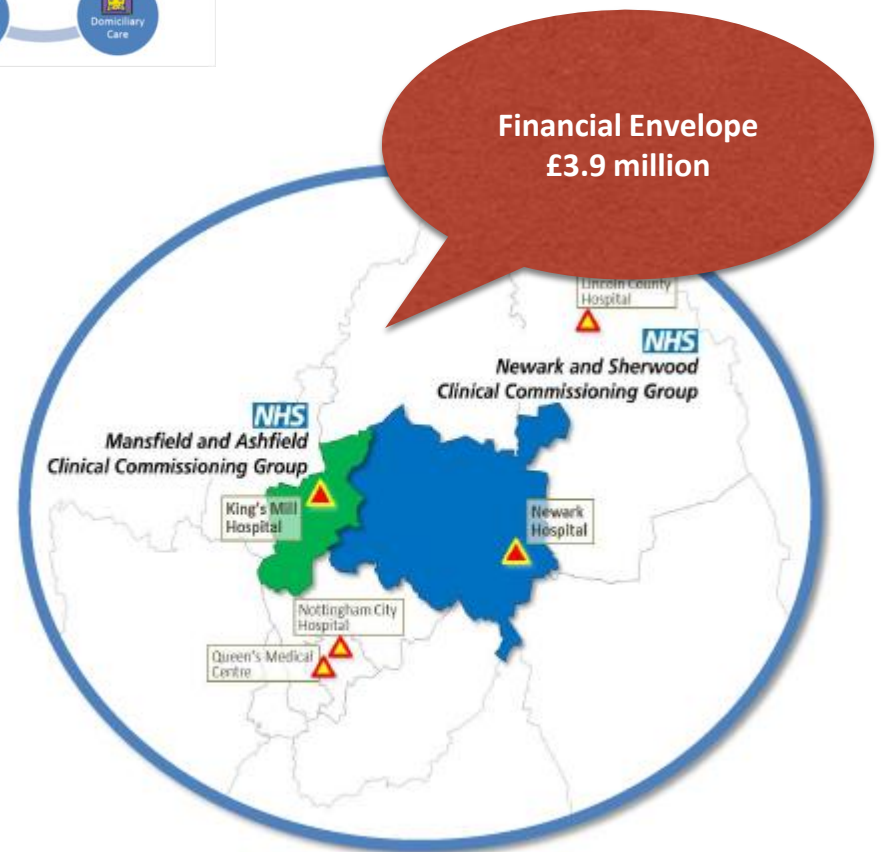
# Julie Barker Nottinghamshire

GSF Integrated Cross Boundary Care site



GSF in

- 16 practices
- 4 wards hospital
- 60 Care homes  
Silver and Gold
- Use in EpaCCS

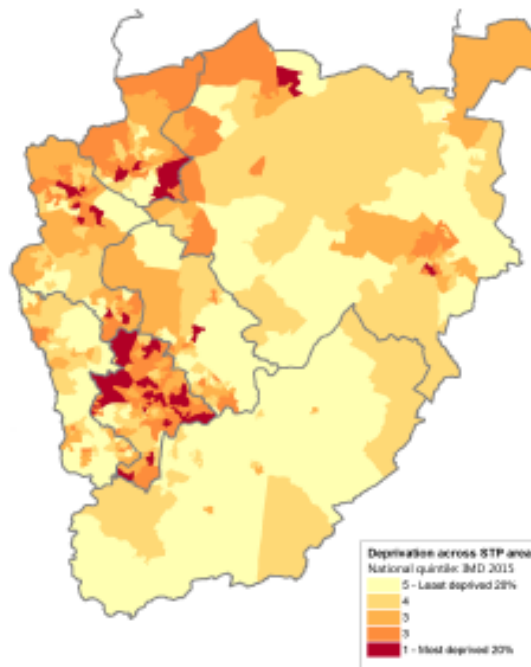


**better+together**

## Nottingham and Nottinghamshire at a glance

### Characteristics

- Local resident population of approx. 1,001,600 people
- Total spend £2.1 billion
- Diverse, growing and ageing population
- Local people want:
  - Support to stay well and independent
  - Quality care, with more services in or close to home
  - Joined-up services, that will be there for future generations



### The System

- 8 Local Authorities
  - Nottinghamshire County and districts
  - Nottingham City (unitary)
- 6 CCGs
  - Nottingham City
  - Nottingham North East
  - Nottingham West
  - Rushcliffe
  - Mansfield and Ashfield
  - Newark and Sherwood
- NHS Providers;
  - Nottinghamshire Healthcare Trust
  - Nottingham University Hospitals
  - Sherwood Forest Hospitals
  - Nottingham CityCare Partnership
  - CircleNottingham
  - Primary Care
  - Out of Hours
  - Ambulance

Patient flows into bordering areas

Ambulance  
EMAS

Integrated  
Cross-Boundary Care

Compassionate  
Community  
Churches etc

Hospices  
x2

HOME  
GSF Primary Care and Domiciliary Care



CARE HOME  
GSF Care Homes



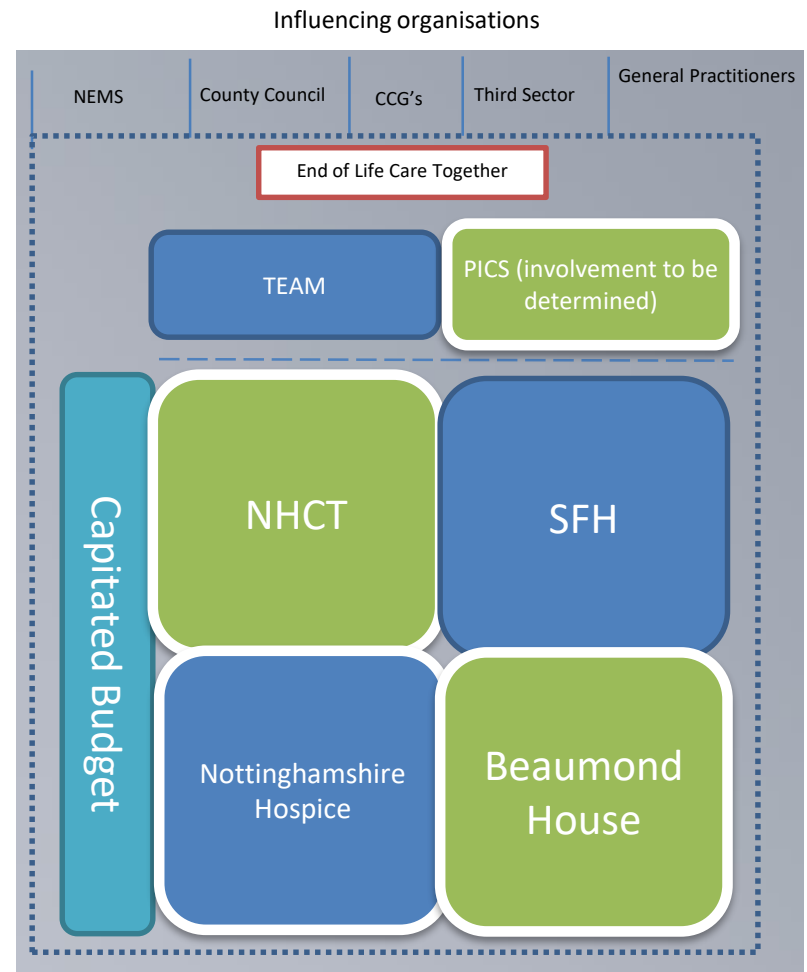
HOSPITAL  
GSF Acute Hospitals



OOH  
NEMS

# Progress so far . . . . .

- 5 key providers round the table developing a model to respond to local strategy
- 24/7 person centred service with care co-ordination & helpline
- Ring fenced EOL budget
- Service delivery board
- Co-responsibility for metrics
- Training & Comms plan
- Go live 1st October 2018



# Key messages

- Takes time - 2 years
- CCG strong leadership
- Shared vision
- Barriers
  1. Ambulance
  2. IT systems
  3. Financial climate
- STP opportunities

KPI

% of deaths in preferred place of care

Number of patients with written advance care plan or evidence that an advance care plan discussion has been offered

Increase number of patients identified on EPaCCS  
Patient Identification

Reduction of unnecessary ED attendances to hospital for patients at End of Life

Additional PROMS evaluations will be undertaken to improve quality to include:

# Birmingham GP practices (115)

Dr Craig Munro and Dr Laura Pugh



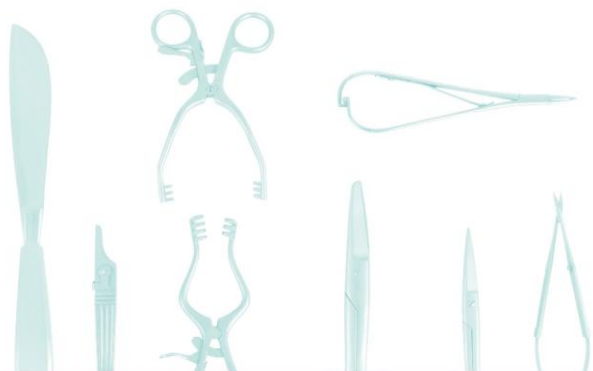
# Royal College of Surgeons Guidance

## Caring for Patients Nearing the End of Life



### CARING FOR PATIENTS NEARING THE END OF LIFE

A Guide to Good Practice



[www.rcseng.ac.uk/standardsandguidance](http://www.rcseng.ac.uk/standardsandguidance)

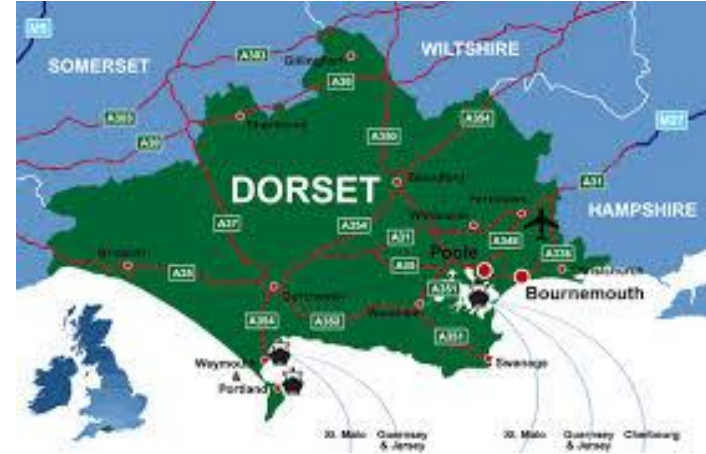
***“Good surgeons know how to operate, better surgeons know when to operate, and the best surgeons know when not to operate”.***



# Dorset

## Cross Boundary Care

- Care Homes – 140
  - 56 homes accredited,
  - 30 of which reaccredited
- GPs – 11 Gold
  - 2 accredited, 1 reaccredited
- Acute Hospital -3 wards
- Community Hospitals -14 wards
  - **13 accredited/ 1reaccredited**
- Domiciliary programmes-
- Dementia programme
- **Weldmar Hospice**
- **Regional Centre**





# The GSF Retirement Village Programme



## Shirley Hall Extra Care



The  
**ExtraCare**  
Charitable Trust

Better lives for older people

*Golden Years* 

