

## Showcasing examples of best practice in End of Life Care with findings from GSF Accredited Care Homes, demonstrating earlier identification, residents wishes and preferences enabling more to die where they choose.

These front-running GSF Accredited Care Homes demonstrate what the best care looks like for people in their last years of life. If they can do it, you can too!

Care homes have become one of the mainstays of End of Life Care outside hospitals and are key providers of person-centred care for a large proportion of people nearing the end of their lives, particularly the very elderly and those with severe frailty and dementia.

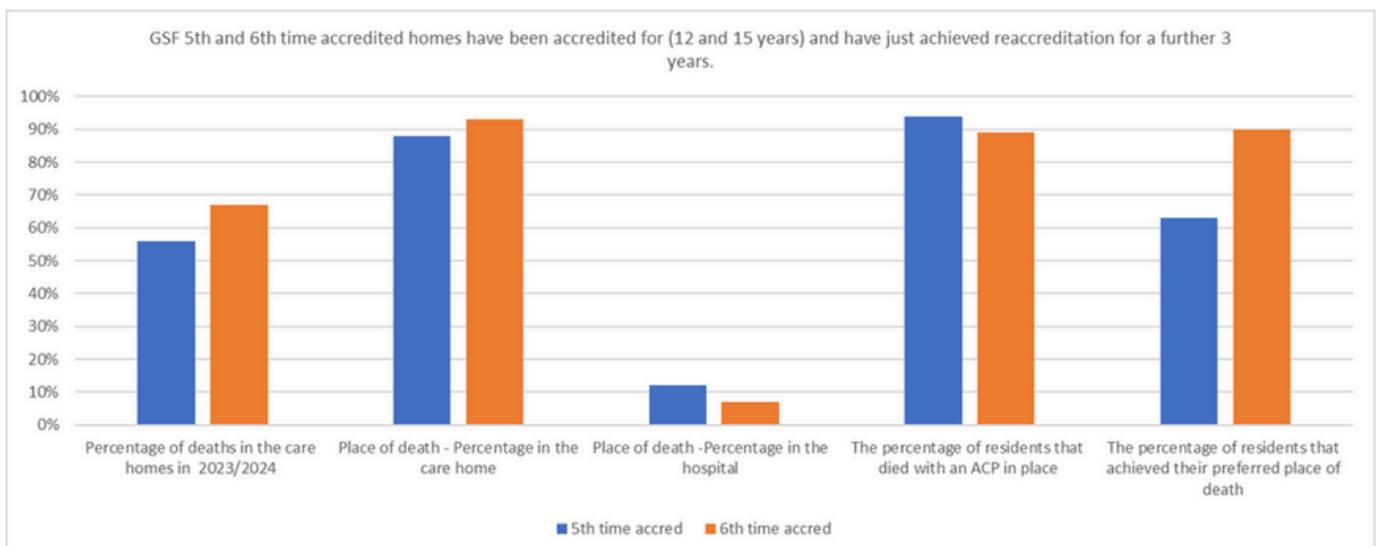
GSF training and accreditation ensures systematic proactive, person-centred end of life care, improving patient experiences, coordination and patient flow across boundaries of care, cost-effectiveness and improved outcomes. GSF empowers care home staff to engage in more productive working relationships with GPs and other health and social care professionals. It is about putting national policy into practice at grass roots.

Improvements demonstrated by these care homes include 5 key areas:

1. Proactive care - identifying care home residents in their last year of life
2. Person-centred care - offering all residents advance care planning discussions
3. Preferred place of death - more residents dying in preferred place of care/usual place of residence
4. Prevent hospitalisation - reduced hospital deaths, hospital bed days, out-of-hours crises
5. Providing top quality care - experienced by patients and their families and a culture change for staff

Examples from all our accredited home in 2024	1. Proactive – Identification rates	2. Person-centred ACP discussions offered	3. Place of death - dying in preferred place of care/DIUPR	4. Prevent hospitalisation, admissions, deaths	5. Providing quality of care - feedback
Average for GSF Accredited care homes 2024	Av. 99% identification rates	Between 80%-100% offered ACP discussion	Range between 80% - 100% die where they choose	More deaths at home only 13% on average in hospital, reducing hospital deaths and bed days	100% carers offered support

## GSF is sustainable – examples from our 5th and 6th time Accredited Care Homes



# Examples of individual frontrunning GSF Accredited Care Homes

## Weald Heights, Care Home of the Year 2024, Platinum Status

**Location:** Sevenoaks, Kent

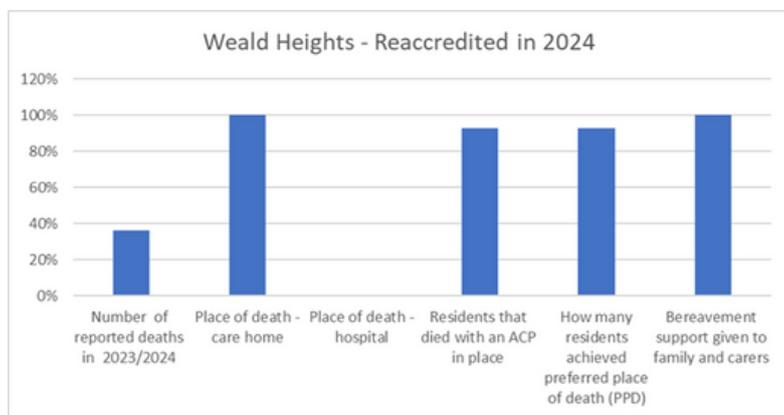
**Accredited:** 2021 - 2024

**Re-accredited:** 2024 - 2027

### Key Achievements

- The care home had no hospital deaths in 2023/24
- All residents died in their own home (care home)
- 93% of residents had an ACP in place at time of death
- 100% relatives are offered bereavement information and support.

<https://www.careuk.com/types-of-care/end-of-life-care>



“GSF is incorporated into all aspects of the running of the home and ensures resident’s choices are upheld, dignity and empathy are promoted and relative involvement is prioritised.”  
*Staff*

## Cornmill Nursing Home, 6th Time Accredited, Platinum Status

**Location:** Garstang, Preston

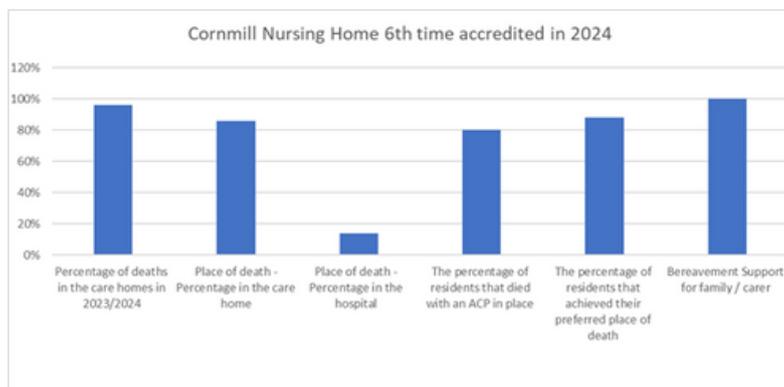
**Accredited:** 2009

**Re-accredited:** 2011, 2015, 2018, 2021

**Re-accredited:** 2024 - 2027

### Key Achievements

- Cornmill Nursing home has been accredited for 15 years and has been awarded reaccreditation for the next 3 years demonstrating the sustainability of GSF
- Resident deaths in hospital is 14%
- 80% of their residents died with an Advance Care Plan in Place
- 100% of families were supported in their bereavement



“The world needs to know there are good places like this.” *Visitor*

# Examples of individual frontrunning GSF Accredited Care Homes

## Grosvenor House, 6th Time Accredited, Platinum Status

**Location:** Lincolnshire

**Accredited:** 2008

**Reaccredited:** 2011, 2015, 2018, 2021

**Reaccredited:** 2024 - 2027

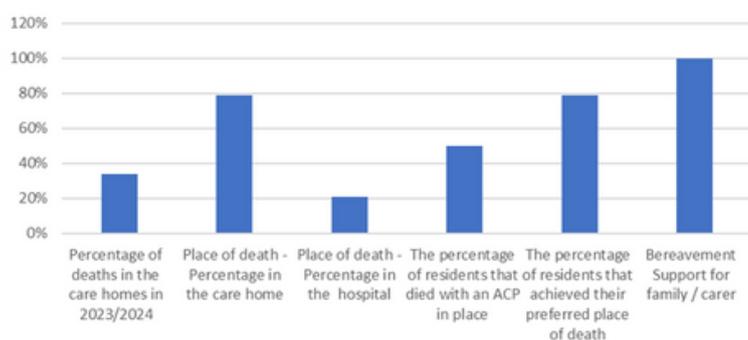
### Key Achievements

- Nearly 80% of residents die in the home and 20% died in hospital during 2023/24
- Nearly 80% of residents died in their preferred place of care - the care home



“GSF is embedded in everything we do, we are so proud of what we have achieved coming back to receive our award for the 6th time. GSF has embedded what we stand for the concept of a well lived life and a great death is a worthy endeavor” *Owner*

Grosvenor House - 5th time accredited 2024



## Nightingale House, Care Homes Innovation Award 2024, 5th Time Accredited, Platinum

**Location:** Balham, London

**Accredited:** 2012

**Re-accredited:** 2015, 2018, 2021

**Re-accredited:** 2024 - 2027

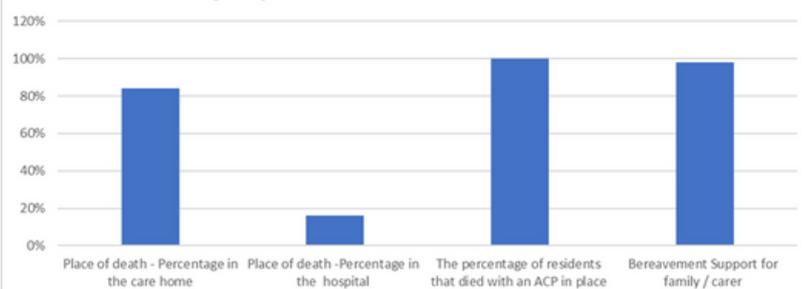
### Key Achievements

- All residents that died had an ACP in place 100%
- Employment of a Clinical Psychologist - to build a psychological model of care, provides a ‘triangle’ of psychological support - for relatives, residents and staff - to ensure that ‘the last chapter is the best one’
- Spiritual support for those at end of life - The Digital legacy, supporting residents to record and capture their story, advice to their former self, favourite music



“One goal is to enhance the evidence base around End of Life Care and facilitate a National Care Home Research Forum.” *Director of Research and Innovation*

Nightingale Hammersmith - 5th time accredited



# Examples of individual frontrunning GSF Accredited Care Homes

## Princess Christian Care Centre, 4th Time Accreditation

**Location:** Woking, Surrey

**Accredited:** 2015

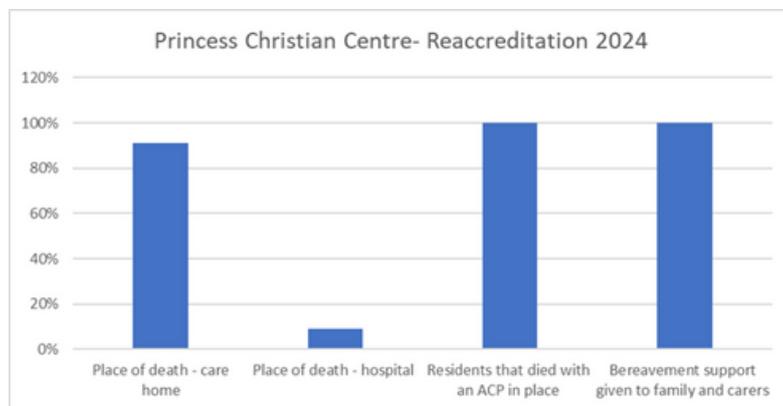
**Re-accredited:** 2018, 2021

**Re-accredited:** 2024 - 2027

### Key Achievements

- 91% of residents died in the home last year
- 9% of residents died in hospital
- 100% had an ACP in place
- 100% of family had bereavement support

### Care Home Professional Article



“The staff go over and above. Knowing that he loved woodwork, they arranged for tools to be brought in and for an hour a week someone from outside would come in to do woodwork with him and this brought him immense joy.”

*Relative Feedback*

## Tor-Na Dee, 1st Time Accredited - Scotland

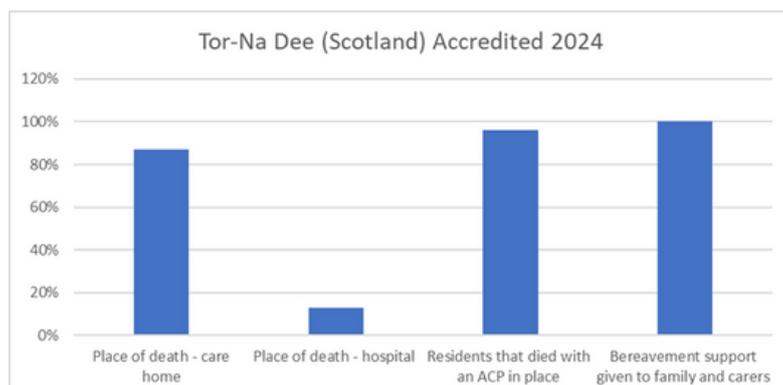
**Location:** Milltimber, Aberdeen

**Accredited:** 2024 - 2027

### Key Achievements

- 87% of residents died in the home
- 96% residents that died had ACP in place
- 100% families offered bereavement support

The daughter of a resident with Alzheimer's said 'how impressed she was with the care and how staff always involved and encouraged her Mum.'



Staff were able to speak confidently about working with GSF in practice and how it helps them to ensure that residents have the care that they need, through to the end of their lives.